Cairns, Australia to Kyoto, Japan (Stage 12)

General Considerations for Japan

- Ride on the left side of the road. Most roads have fairly slow speed limits and many Japanese don't speed at all. Several of our roads are narrow and have lots of traffic, including trucks. Most Japanese drivers seem to be very courteous, however.
- We have found some really tiny roads through quite neighborhoods....some very enjoyable cycling.
- Most service stations don't have stores where you can buy goodies. Perhaps a vending machine or two. Some do, though. So keep a sharp eye. Diet Coke is rare.
- You will find some familiar stores such as McDonalds, Am-Pm MiniMart, 7-11s, etc. Stores, especially in larger cities, are open late as well.
- Vending machines are....you will see.
- About 107 Yen is equal to $1. Japan is known to be expensive and it will be come pretty obvious as you spend your yen.
- It might be a good idea to pick up a pair of slippers for entering homes and other facilities. You can find them most anywhere. Don't use them on the streets, only when entering places such as homes, some offices, traditional Japaneese restaurants or hotels called Royans, etc. Watch people or ask if in doubt.
- Even though there are over 2200 campsites in Japan, camping for adults is pretty rare. A large group of "adult camping" foreigners has never before been seen, so be flexible. Selecting our overnight sites was a huge challenge and we have found a variety. We will be staying in a hotel, a state school funded environmental learning center for children, a children's play park and learning center, a couple of municipal campgrounds, one even has a wedding chapel, and a private campground. Guaranteed, it's going to be different. We left each overnight community with a certain expectations, but things can be easily misunderstood as people try to please one another.

- Be prepared for some culture shock in many ways. The food is delicious, but not what everyone is used too. The Japanesse love fish and normally don't eat anywhere as much as we do, especially cycling.Immerse yourselves, not much of Odyssey is left!
- Please don't expect any western food. Expect rice, fish, tofu, meat and other typical Japanesse foods. Hope you enjoy rice!

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- Food was the most difficult aspect of Japan Odyssey to arrange. We think there will be enough food for seconds, but be prepared for some disappointments along the way. Several relatively large restaurants turned us down simply because they were uncomfortable with their ability to feed us well. One restaurant said no even though thay have places for 90 people. They were simply uncomfortable with their ability to do a good job, even in two shifts.
- To solve our food challenges, we have arranged for a few meals to be prepared, packaged in boxes and delivered to our campsite. This is relatively common in Japan, and they promise large portions to handle our group of big eaters. We will see how it goes.
- Wonderfully friendly, polite and accommodating people. Theft is not a big issue, but you should still exercise good judgement.
- Don't expect anyone to speak English, especially outside of Kyoto and Hiroshima.
- The mountain grades are fairly steep, but usually less than 3 kilometers long. Expect every descent to be fast, curvy and on some rough roads.
- Be visible and use blinkers in those unavoidable tunnels.
- Following steet signs is pretty tough in most places. The major intersections are generally easy, since they usually are signed with the highway numbers. In more remote places, the descriptions are tougher and might relate to the color of a house or business name. Using a bike computer will help.

ay 278/27 Cairns, Australia to Kyoto, Japan via Kuala Lumpur, Malasia +
Oct 4 & 5 Wed/Thur

NOTE: We will bus from the airport to our hotel in Kyoto. Depending on the airport we are able to use, it could take as long as a 2-1/2 hours if the traffic cooperates.

Services: Full services. Kyoto is the original capital of Japan and is one of the most famous of all Japanese cities. With 2000 temples to keep you busy, you will definitely enjoy it.

Accommodations: Two to a room in the Hotel New Kyoto, a well positioned property for exploring the castle and other historic sites and popular tourist attractions.

Toilets: In room. Remember, think a little smaller.

Showers: In room.

Dinner: Dinner will probably be served at the hotel from 7:00 to 8:30 pm..

Breakfast: Breakfast will be a buffet in the hotel from 7:00 to 9:00 both days.

Tomorrow: Enjoy Kyoto.

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Day 280 Kyoto layover day
6-Oct Fri

Tomorrow: 110.9 kms. Expect heavy traffic on some busy narrow road as we leave Kyoto. More remote as the day marches on with some climbing, especially at the end of the day. Beautiful country.

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Day 281 Kyoto to Amanohashidate on most of route for Obama
7-Oct Sat

Emergency #'s: Please copy from postings on gear truck. Cell coverage varies, so please keep trying.

Kilo	Accum	*NOTE: We are actually from a different hotel a little north of here.*
0.0	0.0	**RIGHT** onto one way st from parking lot of the New Miyako Hotel (assuming we stay here, of course). Sidewalks are often used as bike paths, so feel free to use them.
0.1	0.1	**LEFT** onto Hachijo St stop sign at "T".
0.1	0.2	**RIGHT** onto Horikawagojo to pass under railroad. CAUTION busy street and rough road ahead.
0.4	0.6	**RIGHT** toward Kyoto station.
0.3	0.9	Kyoto Railroad Station on right. Full services there.
0.2	1.1	**RIGHT** onto Karasuma St at light.
0.3	1.4	**SLIGHTLY LEFT** towards wonderful brown temple.
0.1	1.5	Famous Higashihonganji temple on left.
0.1	1.6	Merging traffic from the right. Route 367
1.9	3.5	Starbucks coffee on your left.
1.0	4.5	***Imperial Palace ground starts on your right. NOTE: sidewalk bike path on right might be the way to go.***
1.3	5.8	**RIGHT** onto Imadegawa St at light.
1.1	6.9	CROSS the Kamo River.
0.2	7.1	**LEFT** onto Kawabata St immediately after crossing river at light.
1.5	8.6	STRAIGHT to follow Kawabata St at Jct Kitaoji St at light.
1.3	9.9	STRAIGHT at Route 103 and 104 Jct follow 367.
0.7	10.6	Road becomes one way for a bit.
0.1	10.7	**BEAR LEFT** onto small road just before merging with traffic on Route 105 towards Iwakura.
0.3	11.0	**BEAR RIGHT** to follow Hwy 367 along left side of river at light.
0.6	11.6	**BEAR LEFT** and **IMMEDIATE BEAR RIGHT** at "T" to cross river at light.
1.6	13.2	STRAIGHT to follow Hwy 367 to cross river as small road goes left.
0.8	14.0	CAUTION .2 km well lit tunnel with sidewalk.
1.5	15.5	Circle K on right. Full services there.
2.2	17.7	**LEFT** at green sign with red allow as Hwy 367 goes straight.
0.7	18.4	Narrow neat road ahead.
0.5	18.9	STRAIGHT at stop sign.
0.9	19.8	CAUTION Metal grates.
0.4	20.2	**LEFT** at "T".
2.4	22.6	**LEFT** Hwy 367 at stop sign at "T".
0.5	23.1	STRAIGHT to follow Hwy 367 at Jct Hwy 477 at light.
1.3	24.4	Restaurant on right.

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0.9	25.3	Summit of modest climb. ENTER Shiga Prefecture.
0.2	25.5	**BEAR LEFT** to avoid tunnel as Hwy 367 goes right.
0.7	26.2	Road divides.
0.4	26.6	**RIGHT** at "T" at stop sign.
0.1	26.7	STRAIGHT onto Hwy 477 towards Hwy 161 at light. CAUTION grooved pavement, especially on bridges.
1.0	27.7	**LEFT** onto Hwy 311 (unmarked at turn) to cross small bridge as Hwy 477 continues straight.
2.1	29.8	**LEFT** to follow Hwy 311 at stop sign at "T".
1.1	30.9	ENTER Shige Town. Full services.
0.4	31.3	Pass under the express way.
0.2	31.5	**BEAR RIGHT** to follow Hwy 311 at "T".
1.7	33.2	**LEFT** towards Hwy 161 at rock rotary.
0.6	33.8	**BEAR RIGHT** as you CROSS under railroad.
0.1	33.9	**LEFT** onto Hwy 161 towards Tsurumi at light at "T". Lake Aiwa is straight ahead, the largest lake in Japan.
4.7	38.6	**RIGHT** at overpass at light to head towards shore.
0.2	38.8	**LEFT** onto Hwy 371 at "T"
0.3	39.1	**BEAR LEFT** under the railroad.
0.2	39.3	**RIGHT** onto right lane to follow Hwy 601.
0.5	39.8	**BEAR LEFT** to follow Hwy 601.
1.2	41.0	**RIGHT** to follow Hwy 601.
0.5	41.5	**RIGHT** to follow Hwy 601 at "T".
0.1	41.6	STRAIGHT immediately after crossing underRR as Hwy 601 goes left and **IMMEDIATE LEFT** onto smaller road. Note 4 orange reflectors at turn.
0.1	41.7	**RIGHT** towards beach.
0.1	41.8	**LEFT** at beach at "T".
1.1	42.9	**LEFT** at "T".
0.1	43.0	**RIGHT** onto Hwy 601 at yellow road.
1.0	44.0	STRAIGHT to follow Hwy 601 at red intersection.
0.9	44.9	**LEFT** to follow Hwy 601 at stop sign at "T" and **IMMEDIATE RIGHT** after RR bridge.
0.3	45.2	**RIGHT** to follow Hwy 601.
1.9	47.1	**CHECKPOINT** at the 7-11 (food and toilets), then **RIGHT** onto Hwy161 towards Tsurumi.
0.5	47.6	ENTER Kitakomatsu area.
4.5	52.1	Road splits.
2.7	54.8	**RIGHT** at Haginohamaguchi towards coast.
2.4	57.2	CAUTION grooved surface on bridge.
1.4	58.6	STRAIGHT to follow Hwy 304 at Jct Hwy 306.
0.9	59.5	CROSS bridge.
0.9	60.4	CROSS bridge with fish in railings.

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2.2	62.6	STRAIGHT to follow Hwy 333 at Jct Hwy 38.
1.3	63.9	Windmill village is on your left.
2.1	66.0	STRAIGHT to follow Hwy 333 at first entrance to Central Shin Asahi. More ahead.
3.5	69.5	STRAIGHT at light.
1.3	70.8	Central railway station on left.
0.5	71.3	**LEFT** at Kitahama to follow Route 303 (Hwy 54) at light.
0.2	71.5	CROSS under railway road.
1.0	72.5	**BEAR LEFT** towards OBAMA (Route 54) at Jct of Hirokawaguchi.
0.4	72.9	CROSS under Hwy 161.
6.6	79.5	CROSS small river.
0.9	80.4	**LEFT** onto Hwy 367 as Hwy 303 continues to straight at light.
1.5	81.9	STRAIGHT as Hwy 367 goes left.
1.2	83.1	Summit of climb.
1.1	84.2	**RIGHT** onto Hwy 303 at stop sign at "T".
1.3	85.5	CAUTION: Grooves ahead.
0.5	86.0	ENTER well lit .3 km tunnel.
1.7	87.7	Kumamomichi area. Services.
0.8	88.5	STRAIGHT at light.
1.6	90.1	STRAIGHT to follow Hwy 303.
0.1	90.2	**LEFT** up slight hill as Hwy 303 continues straight. CAUTION gravel on road.
1.5	91.7	**RIGHT** at two large orange reflectors and concave mirror as road goes straight. Nice garden with children's play equipment on right at turn.
0.2	91.9	CROSS Hwy 303 at stop sign. Note Nishino on left and Spar Service Station on right.
0.6	92.5	CROSS under Hwy127.
1.0	93.5	**RIGHT** at light. Coke machine on left after the turn-lots of em around, huh?
		NOTE: I believe you continue ahead instead of going right here.
0.5	94.0	**RIGHT** onto Hwy 22 at Jct of road to central Obama at light. CAUTION grated surface on bridge. Watch for this on lots of bridges.
0.9	94.9	ENTER .2 tunnel. Use flashers.
0.1	95.0	**LEFT** to follow Hwy 22 towards Tagarasu at light.
4.0	99.0	Full Services in Okutoba area.
1.5	100.5	STRAIGHT to follow Hwy 22 at turnoff towards Tsuruga.

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2.7	103.2	ENTER .5 darkish tunnel. CAUTION fast curvy downhill after tunnel.
1.4	104.6	RIGHT onto Hwy 162 towards Mikata at new intersection.
0.4	105.0	ENTER .5 long tunnel with bike path.
0.7	105.7	ENTER .3 tunnel with bike path.
0.5	106.2	ENTER Sunoura tunnel.
0.7	106.9	**LEFT** onto Hwy 249 towards the Children's Center.
0.5	107.4	**BEAR LEFT** towards Wakasawan Children's Center at"T"
2.2	109.6	Begin fast curvy downhill.
1.1	110.7	CAUTION watch for metal grates on descent. Also textured road surface ahead.
0.2	110.9	Arrive at the Wakasawan Children's Center for an interesting night of indoor camping.

110.9	Today's Distance
110.9	Total Stage in Kilometers
23249.5	Total Trip Kilometers

Toilets:	Plenty close by to our sleeping options.
Showers:	Plenty close by to our sleeping options.
Dinner:	Dinner will be from 5:00 to 6:30 or so at the center's dining room. Check the white board for time updates. Please remember your best manners!
Breakfast:	Breakfast will be from 7:00 to 8:30 am at the dining hall. Check the white board for any time changes.
Tomorrow:	105.3 kms. Mostly quieter roads with several relatively short climbs. Gorgeous areas with lots of terraced ride paddies. Beautiful day. You gotta love Japan.

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Day 281 Obama to Amanohashidate (Miyazu)
7-Oct Sat

Kilo	Accum	
0.0	0.0	Exit up to the children's center. CAUTION metal grates.
1.2	1.2	Fast curving starts.
2.3	3.5	**Right** towards Mikata and Sunora cross over roadway.
0.4	3.9	**Right** towards Central Obama.
0.1	4.0	Enter Sunora tunnel. Use bike path/sidewalk on right. We are still on Hwy 162.
0.5	4.5	Enter .5 tunnel. Use bike path on right.
0.6	5.1	Enter .5 tunnel. Use bike path on right.
0.7	5.8	**BEAR RIGHT** to follow Hwy 162 towards Obama.
0.3	6.1	STRAIGHT to follow route at 5 corner intersection.
0.2	6.3	**LEFT** at waterfront.
2.3	8.6	Begin fast curvy descent.
1.5	10.1	ENTER .4km tunnel with sidewalk.
0.7	10.8	ENTER .4km tunnel with sidewalk.
2.9	13.7	STRAIGHT to follow Hwy 162 towards Obama.
1.1	14.8	ENTER .4km Tunnel.
		First day DRG connects somewhere along her.
1.4	16.2	STRAIGHT towards Hwy162 to left.
4.3	20.5	CROSS bridge. Use bike path on left. We are in Obama. Full services.
0.3	20.8	Ditto
1.2	22.0	**RIGHT** towards Obama in front of railway station.
0.6	22.6	**Hotel Sekumiya on right.**
0.3	22.9	**LEFT** in front of sea at stop sign at "T"
0.7	23.6	**BEAR LEFT** in front Koban (Police Station)and Arched road to avoid road closure ahead.
0.1	23.7	**RIGHT** at "T".
0.2	23.9	CROSS small bridge.
0.3	24.2	**RIGHT** at "T" and an **IMMEDIATE BEAR LEFT** to cross small creek. Continue to follow road just left of Fire Cistern (red stop sign looking affair).
0.1	24.3	**RIGHT** at "T" and **IMMEDIATE RIGHT** at "T".
0.2	24.5	**LEFT** at "T" and an **IMMEDIATE RIGHT** under road.
0.3	24.8	**LEFT** in front of "do not enter sign" to cross under the main road (Hwy 27).

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0.5	25.3	**LEFT** onto detached sidewalk/bike path to left of Hwy 27 at stop sign at "T". Do not go onto Hwy 27.
0.1	25.4	**BEAR LEFT** up small incline as sidewalk/bike path ends. Do not enter Hwy 27.
0.3	25.7	**BEAR RIGHT** to follow main road.
0.3	26.0	STRAIGHT to CROSS main road (Hwy 222-unsigned) and an **IMMEDIATE RIGHT** to follow along the left side of Hwy 222. NOTE: mileage might be off a little.
0.8	26.8	**BEAR LEFT** to continue downhill. Rough road goes on.
1.1	27.9	Fancy golfing on left.
0.2	28.1	**LEFT** and an **IMMEDIATE BEAR LEFT** up small incline to avoid Hwy 27 at stop sign "T".
0.5	28.6	**RIGHT** at small kid with red outfit, blue shoes and brown hair to return to Hwy 27.
0.1	28.7	**LEFT** onto Hwy 27 at stop sign at "T". CAUTION very busy road.
0.1	28.8	**BEAR RIGHT** onto Hwy 235 to follow the coast. CAUTION lots of traffic when turning. Detached bike path for most of Hwy 235 route segment.
4.7	33.5	Public bathrooms on left.
1.0	34.5	STRAIGHT to cross Hwy 27 at stop sign.
0.9	35.4	**BEAR LEFT** onto Hwy 27. Can use bike path on left.
0.6	36.0	ENTER Oi town. Services off route.
3.0	39.0	**RIGHT** onto Hwy 241 to CROSS bridge to other side of lagoon.
0.7	39.7	**LEFT** onto Hwy 266 at end of bridge. Detached bike path as well.
5.0	44.7	**RIGHT** at light at "T".
0.3	45.0	**LEFT** in front of sea at "T".
0.5	45.5	**BEAR LEFT** and **IMMEDIATE RIGHT.**
0.4	45.9	**RIGHT** at stop sign on brick crossroad.
1.8	47.7	**BEAR RIGHT** at "T" and cross a small river.
0.2	47.9	**LEFT** at Takahama fishing port.
0.1	48.0	**BEAR RIGHT** to follow the coast.
0.1	48.1	**LEFT** towards Hwy 27.
0.6	48.7	**RIGHT** onto Hwy 27.
1.4	50.1	**BEAR RIGHT** towards Nakayori to follow the coast road as Hwy 27 continues straight at light.
0.1	50.2	**RIGHT** to follow Hwy 149 to the coast.
1.4	51.6	**RIGHT** at "T" (unsigned).
0.5	52.1	**150° SHARP LEFT** turn.
0.1	52.2	**RIGHT** to Hwy 21. CAUTION lit tunnel with side walk.
0.9	53.1	**BEAR LEFT** towards Nanae to follow Hwy 21 towards Maizuru.
1.6	54.7	Summit of climb. CAUTION fast and curvy dowmhill.
3.6	58.3	STRAIGHT to follow Hwy 21 as you enter Takayama T. Yamanaka.

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1.7	60.0	**BEAR LEFT** to Hwy 772 (unsigned). CAUTION steep fast curvy downhill.
3.2	63.2	**BEAR RIGHT** towards Central Maizuru at light.
3.2	66.4	**LEFT** at light at "T". Bike path on right ahead.
3.2	69.6	CROSS river.
0.2	69.8	**RIGHT** to Hwy 27 at light. We are Maizuru city.
1.4	71.2	**RIGHT** at Hwy 27 at light at "T".
0.2	71.4	**LEFT** to follow Hwy 27 at light. Use detached bike path on left.
1.8	73.2	**BEAR RIGHT** onto Hwy 565 (unsigned) in front of service station with blue awning, Bridgestone tires and a car wash at light.
0.8	74.0	**LEFT** at light at "T".
5.4	79.4	CROSS over a small canal. Check out the view of homes.
0.3	79.7	**BEAR RIGHT** to CROSS river.

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0.1	79.8	**LEFT** at light.
1.5	81.3	**RIGHT** onto Hwy 157 towards Fukuchiyama at light.
1.3	82.6	STRAIGHT to follow Hwy 175 at Jct Hwy 601 at light.
0.9	83.5	**CHECKPOINT** at Lawson on left.
2.4	85.9	STRAIGHT to CROSS river at light.
0.7	86.6	**LEFT** to follow Hwy 175 towards Fukuchiyama at light.
0.4	87.0	**RIGHT** onto Hwy 45 at light.
1.4	88.4	Start climbing.
1.4	89.8	ENTER short tunnel.
0.2	90.0	Begin short and curvy downhill.
0.3	90.3	**RIGHT** to follow Hwy 45 at "T".
2.0	92.3	CAUTION road gets narrow.
3.4	95.7	Summit of modest climb. Begin fast downhill.
2.3	98.0	**BEAR LEFT** to follow Hwy 45 at Jct Hwy 603. Start climbing.
1.1	99.1	Summit of neat climbing. Begin steep descent.
1.6	100.7	Metal grading.
0.4	101.1	STRAIGHT to follow road.
1.1	102.2	**RIGHT** at light.
0.3	102.5	CROSS RR tracks and immediate straight at stop sign.
0.1	102.6	**LEFT** onto main road about 1 block away from sea.
1.1	103.7	McDonald's on right.
0.7	104.4	**BEAR LEFT** onto Hwy 2 towards Amanohashidate.
0.9	105.3	**RIGHT** to Amanohashidate Auto Camp-jo. Jo means place.

105.3	Today's Distance
216.2	Total Stage in Kilometers
21051.9	Total Trip Kilometers

Services: Amanohashidate is considered one of three most beautiful places in Japan. It has a unique spit of land stretching across nearly all of their bay. Full services and a temple.

Camping: The campground is small and nothing like the European campgrounds we have come to know and love. It's modest, to say the least. However, it is well situated for exploring the area by foot.

Toilets: Three plus an open urinal at camp, augmented by toilet rentals.

Showers: Four outdoor warm showers augmented by TK&A showers.

Dinner: Dinner will be in two shifts from 6:00 to 7:00 and 7:00 to 8:00 pm at a restaurant close to camp.

Breakfast: Breakfast will be from 6:30 to 8:00 am at a restaurant close to camp.

Tomorrow: Beautiful day, much on the hilly coast, similar to Big Sur in California. Lots of ups and downs, though none are particularly long.

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Day 282 Amanohashidate to Tottori
8-Oct Sun

Kilo	Accum	
0.0	0.0	**RIGHT** onto Hwy 2 from the Amanohashidate Auto Camp-jo at "T".
0.6	0.6	**BEAR LEFT** to follow Hwy 2 at Central Amanohasidate.
3.0	3.6	**RIGHT** onto Hwy 176 at light. Use bike path.
0.9	4.5	**RIGHT** onto Hwy 178 at light. Use bike path.
0.6	5.1	ENTER Iwataki Town.
0.5	5.6	**SHARP LEFT** after just passing school football field as Hwy 178 goes left at light.
1.0	6.6	**RIGHT** and **IMMEDIATE RIGHT** up to hill after just passing Mobil station.
0.5	7.1	**LEFT** up to narrow hill next to guard rail. NOTICE: Large blue sign with an orange 120 in the middle of the sign. Enjoy quiet 2.7 km climb.
0.6	7.7	CAUTION Metal grates. More ahead.
1.7	9.4	Temple and toilets on left. Check it out.
0.4	9.8	BEGIN downhill.
2.1	11.9	**RIGHT** at "T".
0.3	12.2	**LEFT** to follow Hwy 651 at Jct 656 at stop sign at "T".
1.8	14.0	**RIGHT** onto Hwy 312 at light.
0.3	14.3	**RIGHT** at Tango Masters Village and an IMMEDIATE LEFT just past Home Town Tango Omaya. Ample guard railings, huh?
2.0	16.3	STRAIGHT onto small road to follow Hwy 656 (unmarked). NOTE: mileage might be off.
2.1	18.4	**LEFT** towards 1.8 KM sign at light.
1.1	19.5	**RIGHT** onto main road.
1.1	20.6	STRAIGHT to Hwy 663 (unsigned) next to bike shop.
1.5	22.1	**BEAR LEFT** as tiny road goes right.
2.5	24.6	STRAIGHT to follow Hwy 663 at turnoff to Minemya and Yasaka.
2.8	27.4	STRAIGHT to follow Hwy 663 at Jct Hwy 53 at light.
0.9	28.3	**BEAR LEFT** to follow road. CAUTION construction. Bike path is ok.
0.8	29.1	**LEFT** onto Hwy 178 towards Kumihama at light at "T".
1.9	31.0	**RIGHT IMMEDIATELY** after crossing small river. Nice ocean side ahead.
1.9	32.9	**RIGHT** to cross bridge at "T".
0.4	33.3	STRAIGHT to follow up to hill.
1.3	34.6	BEGIN fast curvy descent.
0.6	35.2	**BEAR LEFT** to follow road.

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3.3	38.5	Summit of Hichiryu Pass. Enjoy fast curvy downhill. Sorry about steep climb.
2.6	41.1	Summit of short climb.
0.6	41.7	**BEAR RIGHT** towards brown hotel.
0.2	41.9	Cross small river and nice beach on right.
0.3	42.2	**RIGHT** to follow Hwy178 at light.
2.1	44.3	ENTER Kumihama town.
0.1	44.4	**RIGHT** in front of grapes.
0.5	44.9	CAUTION metal grates.
0.6	45.5	**RIGHT** at "T"
1.5	47.0	CAUTION metal grates.
0.4	47.4	**LEFT** at orange pole and blue board sign.
0.2	47.6	**LEFT** in front of parking lots.
0.1	47.7	CAUTION metal grates more ahead.
0.1	47.8	**BEAR RIGHT** onto Hwy to enter Kasurano at stop sign.
1.5	49.3	**BEAR LEFT** to enter small road Minatomiya.
0.5	49.8	**LEFT** in front of crab at "T"
0.3	50.1	**LEFT** at metal grate.
0.4	50.5	**RIGHT** just before bridge and immediately crossing bridge onto Hwy 49.
1.4	51.9	**BEAR LEFT** Hwy 49 at cacti Hwy 122.
0.7	52.6	STRAIGHT at turnoff road on left.
0.3	52.9	CAUTION metal grates.
0.2	53.1	**BEAR RIGHT** up valley blue children slide and wooden signed pole next to small concrete building.
0.4	53.5	CROSS small bridge
1.4	54.9	**RIGHT** at Hwy 11 at "T".
0.4	55.3	CAUTION steep curvy downhill.
2.9	58.2	**RIGHT** to follow Hwy 11 at Jct Hwy 9.
2.1	60.3	**BEAR LEFT** to follow Hwy 11 at Jct Hwy 122.
1.0	61.3	CAUTION short tunnel.
0.9	62.2	CROSS waterway.
0.4	62.6	**BEAR RIGHT** at Hwy 3 at yield sign at "T".
1.0	63.6	**LEFT** onto Hwy 11 at light.
0.3	63.9	Marine World on right. **CHECKPOINT** in parking lot, then **LEFT** to enter short tunnel in front of very expensive Japanese style hotel.
0.3	64.2	**RIGHT** Hwy 11 at "T".
1.4	65.6	ENTER Takeno Town.
0.3	65.9	Golf country club on left.
4.7	70.6	Begin .8 steep climb.
0.8	71.4	CAUTION fast and curvy descent into Kinisaki. Services.
1.5	72.9	**BEAR LEFT** to follow Hwy 11 at turnoff to road along beach.
0.6	73.5	STRAIGHT to follow Hwy 11 at Jct Hwy 1 at light.

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0.3	73.8	CROSS bridge.
2.0	75.8	ENTER short tunnel.
0.5	76.3	ENTER short tunnel.
0.3	76.6	ENTER Kasumi Town and begin .4 Km steep climbing.
1.6	78.2	ENTER short tunnel.
5.6	83.8	**BEAR RIGHT** onto Hwy 178 at light at "T". CAUTION busier road.
1.2	85.0	ENTER .3 lit tunnel with small sidewalk.
3.0	88.0	**BEAR LEFT** to follow Hwy 178 at light.
1.0	89.0	ENTER .1 tunnel.
1.4	90.4	**BEAR LEFT** to follow Hwy 178 at Jct of road into town at light.
0.9	91.3	**LEFT** to follow Hwy 178 at Jct Hwy 164 at light.
1.0	92.3	**RIGHT** to follow Hwy178 at Jct Hwy 4 at light.
0.4	92.7	STRAIGHT to follow Hwy 178 at light.
0.8	93.5	**BEAR RIGHT** to follow Hwy 178 at end of bridge.
0.8	94.3	**LEFT** to follow Hwy 178 towards Tottori at light.
1.1	95.4	ENTER .4 tunnel. Use blinkers.
0.8	96.2	ENTER .5 second tunnel. Use blinkers. Begin downhill as you exit tunnel.
1.1	97.3	**BEAR LEFT** to follow Hwy 178 at Jct Hwy 166.
3.4	100.7	STRAIGHT to follow Hwy 178 at light.
3.3	104.0	ENTER .6 tunnel with small sidewalk. Use blinkers.
2.3	106.3	**BEAR RIGHT** towards city to avoid blue tunnel thing.
0.3	106.6	**RIGHT** to follow Hwy 178. ENTER Hamasaka Town.
0.2	106.8	**RIGHT** at Jct 257 at light and **IMMEDIATE LEFT** at "T".
0.8	107.6	STRAIGHT at stop sign.
0.9	108.5	**RIGHT** onto Hwy 178 at stop sign at "T".
0.7	109.2	STRAIGHT to follow Hwy 178 at Jct Hwy 49.
0.7	109.9	**BEAR SLIGHTLY LEFT** to follow Hwy 178 and Hwy 127. Not much separation between these two roads at intersection, huh?
0.7	110.6	**LEFT** to follow Hwy 178 at Jct Hwy 127 at light. Yes, it's 127 again.
0.2	110.8	CAUTION RR Tracks and an **IMMEDIATE RIGHT** to follow Hwy 178.
1.6	112.4	**BEAR LEFT** up to hill.
0.5	112.9	STRAIGHT at Hamasaka Youth Hostel.
1.2	114.1	**BEAR RIGHT** to avoid just in front of Moroyori tunnel.
0.2	114.3	**BEAR LEFT** up to hill.
0.4	114.7	**RIGHT** onto Hwy 178
0.6	115.3	ENTER short tunnel. Use sidewalk.
0.2	115.5	ENTER .3 tunnel. Use sidewalk.
1.0	116.5	ENTER .4 Anami tunnel. Use sidewalk on right.
1.6	118.1	STRAIGHT to follow Hwy 178 at Jct Hwy 128.
0.6	118.7	BEGIN steep climb.

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1.5	120.2	Road get flat at second.
1.1	121.3	BEGIN fast curvy descent.
1.8	123.1	**LEFT** towards Kugami at Jct Hwy 256 as Hwy 178 continues straight.
0.1	123.2	**LEFT** at stop sign at "T".
2.0	125.2	**RIGHT** onto Hwy 178 towards Tottori at stop sign at "T".
0.2	125.4	**LEFT** just before blue sign indicating Obane and Kobane.
0.5	125.9	CAUTION RR Track.
0.5	126.4	CAUTION Metal grates.
0.3	126.7	**RIGHT** under RR track at "T".
0.1	126.8	STRAIGHT along canal.
0.3	127.1	**BEAR RIGHT** to cross bridge and **IMMEDIATE LEFT** along canal on left.
0.6	127.7	**LEFT** onto Hwy 178 at light. ENTER Iwami Town.
1.4	129.1	STRAIGHT tofollow Hwy 178 at Jct Hwy 164 at light.
0.6	129.7	CAUTION RR TRACK and metal grates.
0.6	130.3	**RIGHT** onto Hwy 9 at light. Use bike path on right.
2.1	132.4	Rest area on right.
0.7	133.1	CAUTION Metal grates. More ahead.
0.4	133.5	STRAIGHT to follow Hwy 9 at Jct Hwy 178.
1.5	135.0	**RIGHT** at sign of Sand dune road.
0.8	135.8	STRAIGHT to follow Hwy 319.
0.7	136.5	Swimming pool on left.
1.1	137.6	Sand Dune beach on right.
2.1	139.7	Big parking lot and restaurants with chair lifts.
0.6	140.3	**RIGHT** onto Hwy 265 towards Tottori at light.
0.9	141.2	**RIGHT** at?? (sorry, I dropped the name). Nice green bike path on right.
0.4	141.6	CAUTION metal grates.
0.3	141.9	**LEFT** into private camping site.
	141.9	Total Stage in Kilometers
	7376.1	Total Trip Kilometers

Services: No services close to camp. Stock up before you get there.

Camping: We are camping in a designated camping are of a family (children's) recreation park. A pretty fancy place. Since we camping we have use of the other facilities.

Toilets: In camping area and in other areas of the park.

Showers: In camping area andprobably TK&A showers.

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Dinner: Dinner will be "box dinners" from a vendor in town and will arrive somewhere around 6:00 pm. This specific type of food prep and service common in Japan, but a relatively new experience for us. We will see how it works.

Breakfast: Breakfast will be "boxed" as well and will arrive somewhere around 7:00 am.

Tomorrow: 149.7 kms. Longest day in Japan, some hills, but mostly flat. Some remote roads to busy highways with and without bike paths. When bike paths exist, we generally feel you should use them, especially in busy cities. They can be very narrow and rough to super wide and smooth. They also change from one side of the road to the other. Have patience.

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Day 283 Tottori to Shinji (Matsue)
9-Oct Mon

Kilo	Accum	
0.0	0.0	**RIGHT** to exit camping area.
0.5	0.5	**RIGHT** onto Hwy 265 at light.
0.2	0.7	ENTER tunnel. Use sidewalk.
0.1	0.8	STRAIGHT to follow Hwy 265 under Hwy 9.
2.0	2.8	STRAIGHT to follow Hwy 318 at Jct Hwy 29 at light.
0.5	3.3	**BEAR RIGHT** to follow Hwy 318 at Jct Hwy 193 at light.
0.4	3.7	CROSS a major river.
2.6	6.3	Sun Grocery market on right and large tulips on left.
0.9	7.2	STRAIGHT to follow Hwy 318 at Jct Hwy 264 at light.
3.2	10.4	STRAIGHT to follow 318 at Jct Hwy 190 at light.
0.4	10.8	**LEFT** onto Hwy 9 at light at "T". Use detached bike path. NOTE: Hwy 9 usually has a bike path on one side of the street or the other. It runs from excellent to narrow and a little rough in spots. Suggest using it, particularly if road is busy. Definitely use in tunnels and on bridges.
2.5	13.3	ENTER Hakuto tunnel. Use sidewalk.
1.1	14.4	**LEFT** towards Sakenotsu before tunnel to avoid a couple of tunnels ahead.
0.8	15.2	**LEFT** down short path before passing under Hwy 9. Lake to left ahead.
1.1	16.3	**BEAR RIGHT** to follow path.
1.0	17.3	STRAIGHT at stop sign.
0.2	17.5	**MERGE LEFT** onto Hwy 9 at stop sign at "T".
0.4	17.9	STRAIGHT to follow Hwy 9 at Jct Hwy 233.
0.6	18.5	Road gets narrow with small shoulder.
3.3	21.8	ENTER .1tunnel with sidewalk.
2.1	23.9	Begin descent. CAUTION metal grates.
2.0	25.9	CROSS Aoya Bridge. Great bike lane ahead.
12.2	38.1	STRAIGTH to follow Hwy 9 at turnoff into one entrance to Lake topo Hawaii Seaside Park.
0.9	39.0	STRAIGHT to follow Hwy 9 at turnoff onto Hawaii Spa.
1.1	40.1	**RIGHT** at Nagase East to follow Hwy 9 as Hwy 179 goes straight. Bike path on left.
1.8	41.9	ENTER Hojo Town.
3.4	45.3	Cyclists use bike path or tiny road paralleling the left side of Hwy 9. Vehicles remain on Hwy 9.
1.8	47.1	CAUTION metal grates.
1.1	48.2	Lawson store on left.
2.8	51.0	CROSS over large river.

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3.4	54.4	**RIGHT** from right turn lane towards the beach at Otani before the sign noting the Jct Hwy 320 at light.
0.7	55.1	CROSS Kaseichi bridge.
2.6	57.7	CROSS Araikawa bridge.
0.7	58.4	CAUTION Metal grates. More ahead.
1.7	60.1	**RIGHT** to follow long harbor.
0.7	60.8	**RIGHT** at stop sign at "T" and **IMMEDIATE LEFT.**
0.2	61.0	**LEFT** at Do not enter sign and **IMMEDIATE RIGHT** at stop sign at "T".
0.8	61.8	CAUTION Several metal grates.
0.5	62.3	STRAIGHT to follow coast.
0.9	63.2	**BEAR RIGHT** onto Hwy 9 at stop sign at "T". Bike path on left and then right.
8.5	71.7	ENTER Nawa Town.
2.6	74.3	**RIGHT** onto Hwy 54.
0.1	74.4	**LEFT** towards beach. CAUTION metal grates ahead.
0.3	74.7	**LEFT** at "T".
1.2	75.9	STRAIGHT to along coast.
0.7	76.6	**RIGHT** towards beach. Notice large blue ball on top of apartment after turn. CAUTION more metal grates.
0.6	77.2	**RIGHT** at stop sign at "T".
0.6	77.8	Straight Nawa Shine sign. Blue bridge on up left.
0.2	78.0	**BEAR RIGHT** onto small coast road as major road goes up.
0.3	78.3	**BEAR RIGHT** onto small coast as another road goes up.
2.2	80.5	**RIGHT** on Hwy 9 at stop sign at "T". CAUTION busy road with small shoulder.
4.8	85.3	STRAIGHT to follow Hwy 9 towards Matsue at Jct Hwy Matsue. Matsue express way on left as well.
3.4	88.7	STRAIGHT to follow Hwy 9 at jct Hwy 53 at light.
1.4	90.1	**RIGHT** onto Hwy 431 as Hwy 9 goes straight at light.
0.3	90.4	McDonald's on right. Bike on left.
1.5	91.9	Center of river as you cross bridge. KFC on right ahead.
1.3	93.2	**LEFT** onto Hwy 207 towards Central Yonago at light. CAUTION metal grates.
2.0	95.2	STRAIGHT onto Hwy 9 at light.
2.5	97.7	CROSS red bridge.
1.5	99.2	**RIGHT** to follow Hwy 9 at Inda Town.
2.0	101.2	**LEFT** at Kadou. CAUTION RR track. **IMMEDIATE RIGHT** to parallel to Hwy 9. CAUTION several metal grates ahead.
1.2	102.4	**RIGHT** to return to Hwy 9 at stop sign at "T". CAUTION RR track.
0.1	102.5	**LEFT** onto Hwy 9 at light at "T".
2.2	104.7	**LEFT** at Kurodori at light. CAUTION RR track. **IMMEDIATE RIGHT** to parallel to RR track.

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1.0	105.7	**RIGHT** at "T". CAUTION RR track. **IMMEDIATE LEFT** at light. Bike can stay on road left to RR. Also bike path on left.
1.3	107.0	STRAIGHT to follow Hwy 9 towards Matuse at Jct Hwy 45.
3.8	110.8	STRAIGHT to follow Hwy 9 at Jct Hwy 180 at light.
7.7	118.5	STRAIGHT to follow Hwy 9 as Hwy 9 also goes left.
1.0	119.5	**LEFT IMMEDIATELY** after the blinking light.
0.5	120.0	CROSS under Hwy.
0.1	120.1	**BEAR LEFT** to stay river.
0.4	120.5	STRAIGHT to follow river.
0.4	120.9	STRAIGHT to follow river.
0.6	121.5	STRAIGHT to follow river.
0.9	122.4	STRAIGHT to bridge to follow paddy field.
0.8	123.2	**LEFT** at stop sign at "T" and **IMMEDIATE LEFT.**
0.8	124.0	**RIGHT** in front of shrine at "T".
0.6	124.6	**LEFT** at "T".
0.2	124.8	**RIGHT** at no entry sign.
0.2	125.0	**LEFT** at light onto Hwy 247 (unsigned).
0.9	125.9	STRAIGHT to follow Hwy 247 at light.
1.4	127.3	STRAIGHT at follow Hwy 247 at light.
0.7	128.0	**LEFT** along white fences to avoid closed road at light.
0.7	128.7	**LEFT** onto Hwy 24 at "T". CAUTION busy road. Bike path on right ahead.
2.5	131.2	**RIGHT IMMEDIATELY** after Cosmo station.
0.1	131.3	**BEAR LEFT** just after small river.
0.7	132.0	STRAIGHT to canal.
0.5	132.5	**BEAR RIGHT** up to hill.
0.5	133.0	BEGIN fast curvy descent.
0.9	133.9	**BEAR RIGHT** to go on main road.
0.3	134.2	**LEFT** onto Hwy 25 (unsigned).
0.4	134.6	STRAIGHT up narrow 30 km an hour road (note numbers on road) as Hwy 25 goes left towards Nita and Daito.
0.2	134.8	**BEAR LEFT** up to hill.
0.8	135.6	**RIGHT** at white and blue sign at "Y".
0.3	135.9	BEGIN half Km climb. CAUTION metal grates.
1.6	137.5	BEGIN fast curvy descent.
2.0	139.5	**BEAR RIGHT** to continue downhill and **IMMEDIATE RIGHT** at "T".
0.2	139.7	**LEFT** to CROSS bridge.
0.1	139.8	**RIGHT** onto main road at "T".
0.4	140.2	**LEFT** onto Hwy 267 (unmarked) at stop sign at "T".
0.5	140.7	Small store on left.
0.5	141.2	**RIGHT** towards Hwy 54 as Hwy 267 goes straight. CAUTION narrow busy connector road with rolling hills.

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4.8	146.0	CROSS under road.
0.3	146.3	STRAIGHT to Koujindani ruin st.
2.1	148.4	**RIGHT** towards camping at summit of climb.
0.9	149.3	Overlook at smaller summit.
0.3	149.6	**LEFT** into Furusato Forest Park.
0.1	149.7	Arrive at camping area.

Services: No city services at camp. The campground has a few services.
Camping: This hilly campground has a couple of locations we might be usiing.
Toilets: Plenty in camp.
Showers: Limited and might be augmented by Odysssey showers.
Dinner: Dinner will likely be in two shifts, beginning at 6 pm, at the camp's restaurant.
Breakfast: Breakfast is from 7:00 to 8:30 am at the camp restaurant.
Tomorrow: 53.8 kms. Shortest day in Japan. It become rather complicated as you descend from the summit of Hwy 39. Just keep heading south and down. Some climbing early and a gradual moderate climb to the base of Mt Sanbe. Mostly quite remote roads, so stock up.

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Day 282 Matsue to Sanbe (Sanbe Mountain)
9-Oct Mon

Kilo	Accum	
0.0	0.0	Leave camping area.
		RIGHT onto main road in front of the Furusato Forest Park at "T".
		RIGHT onto Kojindani st at stop sign.
		ENTER Kamo Town. You are on Izumo Roman road.
		Enjoy 9% degree rapid descent. Watch for metal grates all days long.
		ENTER short well lit tunnel with sidewalk.
		STRAIGHT onto Hwy 183.
		STRAIGHT to follow Izumo Roman road as Hwy 183 goes right.
		CROSS small river to follow Hwy 197 (unsigned).
		STRAIGHT to follow Hwy 197 to turnoff to Izumo.
		RIGHT to Izumo as Hwy 197 continues to Kisuki.
		STRAIGHT at stop sign.
		LEFT to CROSS a large bridge at light. Bike path on right.
		STRAIGHT at turnoff Hwy 9.
		BEAR LEFT onto small road in front of house with bright brown roof.
		STRAIGHT onto main road at stop sign.
		LEFT onto Hwy 277 (unsigned) at light at "T".
		correction.
		RIGHT at light.
		STRAIGHT to follow Hwy 184 at Jct Hwy 277.
		LEFT in front of Yamaha Motorcycle store to CROSS river.
		STRAIGHT to follow Hwy199 at light.
		CAUTION CROSS RR track.
		STRAIGHT to follow Hwy 277 at Jct Hwy 199 at light.
		CAUTION CROSS RR track.
		ENTER Koryo Town.
		CROSS small river.
		CAUTION CROSS RR track.
		LEFT onto Hwy 39 at light. No sidewalk but should be quiet.
		CROSS under road.
		BEAR RIGHT in front of construction of tunnel.
		STRAIGHT at 14% grade sign to right.
		RIGHT onto wider new road.
		Road becomes narrow.
		BEAR RIGHT at "T".
		LEFT at "T".

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Road under construction .
STRAIGHT to continue downhill. BEGIN sharp curves.
STRAIGHT at vending machines on left.
CAUTION moss on road.
RIGHT onto Hwy 281(unsigned) at "T". Seems weird, but turn right.

0.0 0.0 correction
Fishing letter board on left.
STRAIGHT at sign of Mt. Sanbe.
Another Hwy 281 sign for confirmation.
BEAR LEFT to follow Hwy 281 towards Mt. Sanbe national park.
BEAR RIGHT at the creek on left.
CROSS small bridge.
RIGHT onto Hwy 56 at "T".
RIGHT to follow Hwy 56 instead of crossing bridge.
LEFT towards Mt. Sanbesan as Hwy 56 continues straight towards Oda.
Rejoin road into old road.
Mokkokan on left.
RIGHT towards Mt Sanbe Kitanohara Camp.
RIGHT into Mt Sanbe Kitanohara Camp.

Services: Store, restaurant and other services in this famous recreational area.
Camping: Mt Sanbe Kitanohara Camp has a few services including a laundry. Ask about our specific camping area.
Toilets: There is one facility with a dozen toilets and urinals.
Showers: There is one pay facility with 8 showers costing $2 for 5 minutes.
Dinner: Dinner will likely be boxed dinners prepared in the city and delivered to our campsite about 6:00 pm.
Breakfast: Breakfast will likely be boxed breakfast prepared in the city and delivered to our campsite about 6:00 pm.
Tomorrow: 148.9 kms into Hiroshima. Lots of downhill and quite roads early in day, gets busier the closer we get to Hiroshima. Bring a flashlight for a .3 km tunnel along the river at 25.5 km. Expect little, if any traffic in tunnel.
Follow-up:

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Day 284 Sanbe to Miyajima (Hiroshima)
10-Oct Tue

Kilo	Accum	
0.0	0.0	EXIT Mt. Sanbe Kitanohara Camp.
0.1	0.1	**LEFT** at main road.
0.1	0.2	STRAIGHT to turnoff Sanbe dam.
4.4	4.6	**BEAR RIGHT** as small road goes left.
0.5	5.1	**LEFT** at "T".
0.7	5.8	STRAIGHT towards Iwamiginzan at Jct.
0.5	6.3	CAUTION metal grates.
0.7	7.0	**BEAR LEFT** on Hwy 40 towards Kawamoto at Jct Hwy 30. Enjoy long curvy descent.
1.6	8.6	**BEAR LEFT** to CROSS bridge and **IMMEDIATE LEFT** at "T".
5.4	14.0	**160 degree SHARP LEFT** to continue downhill.
1.7	15.7	**LEFT** at stop sign onto Hwy 375. Full services in small town.
0.6	16.3	CROSS over river.
0.2	16.5	CROSS under road.
0.7	17.2	**BEAR RIGHT** to stay along river as Hwy 375 goes left.
1.1	18.3	**RIGHT** to CROSS red bridge at "T".
0.3	18.6	**LEFT** along river at "T".
0.3	18.9	CAUTION short paddles on road.
0.4	19.3	**BEAR RIGHT** at Y towards Daiwa.
0.3	19.6	STRAIGHT to follow the middle road.
2.2	21.8	**LEFT** at "T" to stay along Dam.
1.9	23.7	**BEAR LEFT** to stay along river.
1.0	24.7	CROSS Under red bridge.
0.8	25.5	ENTER extremely .3 dark curved tunnel. Bring flash light.
0.8	26.3	CAUTION metal grates. Great road, huh? Watch for moss ahead.
3.9	30.2	**BEAR RIGHT** onto Hwy 296 at orange bridge.
0.4	30.6	**LEFT** to stay along river in front of Nisseki station. Service in city.
2.0	32.6	STRAIGHT to stay right side of bridge at cable bridge.
2.4	35.0	STRAIGHT to stay right side of bridge at neat bridge.
2.6	37.6	STRAIGHT at stop sign to CROSS under blue bridge.
1.0	38.6	**BEAR RIGHT** on angle T at stop sign. Still stay along river.
2.4	41.0	CROSS under green RR bridge.
0.6	41.6	CROSS small cement bridge along river.
1.9	43.5	**LEFT** onto Hwy 294 to Miyoshi.
0.6	44.1	CROSS under green RR bridge.
1.6	45.7	STRAIGHT to stay along river.
2.7	48.4	CROSS under RR bridge.
1.0	49.4	STRAIGHT at bridge.

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0.8	50.2	STRAIGHT onto Hwy4 towards Mizuho at Kuchiba railway station. Services.
0.7	50.9	**BEAR LEFT** to CROSS bridge and **LEFT**.
0.1	51.0	**BEAR RIGHT** to follow Hwy 4 at sand mills.
4.2	55.2	STRAIGHT up to narrow road and **IMMEDIATE LEFT** to follow sharp curve.
0.5	55.7	ENTER Hiroshima Prefecture and curvy downhill.
2.8	58.5	**LEFT** to follow Hwy 4 at stop sign at "T".
0.1	58.6	**RIGHT** at "T".
0.5	59.1	**RIGHT** onto Hwy 323 to CROSS bridge as Hwy 4 goes straight.
6.7	65.8	BEGIN fast curvy descent.
1.6	67.4	**RIGHT** onto Hwy 433 (unsign) at stop sign at "T".
2.5	69.9	**LEFT** onto Hwy 6 at "T".
2.4	72.3	BEGIN downhill.
6.4	78.7	STRAIGHT to follow Hwy 6 at Jct Hwy 64.
0.2	78.9	CROSS under expressway.
2.8	81.7	ENTER Yoshida Town.
1.6	83.3	**RIGHT** onto Hwy 319 as Hwy 6 goes straight.
5.3	88.6	BEGIN fast and narrow descent. CAUTION steep and very narrow.
1.4	90.0	Toilets on right. Might be other services as well.
3.7	93.7	**RIGHT** in front of mirror at "T" to continue downhill.
0.9	94.6	**BEAR RIGHT** to CROSS river.
0.4	95.0	**RIGHT** onto Hwy 5 at "T" and **IMMEDIATE LEFT** by crosswalk.
2.3	97.3	**BEAR RIGHT.**
0.2	97.5	**BEAR LEFT** to follow up.
0.3	97.8	**BEAR RIGHT** and **IMMEDIATE LEFT** in front of fire Cistern to follow quiet road to parallel Hwy 54.
1.0	98.8	**BEAR RIGHT** at angle "T".
3.8	102.6	**LEFT** onto Hwy 69 (major road) and **IMMEDIATE RIGHT** onto Hwy 5 (unsign) at stop sign at "T". Nice downhill ahead.
3.9	106.5	ENTER Hiroshima city. STRAIGHT to follow Hwy 5 at Jct Hwy 68.
1.3	107.8	Road splits at basis Hwy 54. Use bike path.
0.6	108.4	Merging Hwy 54 from right.
5.8	114.2	STRAIGHT to follow Hwy 45 at Jct Hwy 191.
2.6	116.8	CROSS bridge. Use bike path as much as you can.
3.8	120.6	TOYS"R"US on right.
0.8	121.4	STRAIGHT at yellow sign of JMS.
0.6	122.0	STRAIGHT to follow Hwy 54 under expressway.
0.2	122.2	**BEAR LEFT** towards Yokogawa.
0.4	122.6	**LEFT** after passing Mazda dealer and CROSS bridge.
0.3	122.9	**RIGHT IMMEDIATE** after crossing under bridge.
0.4	123.3	**BEAR LEFT** onto Hwy 54. Use bike path.
2.7	126.0	CROSS major river.

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0.6	126.6	**RIGHT** to follow HWY 54 at Jct Hwy 37 at light at "T".
1.5	128.1	STRAIGHT to follow Hwy 37 as Hwy 54 goes central Hiroshima.
0.4	128.5	**RIGHT** towards Misasa as road goes left to Hiroshima railway station at light. Note: use overpass to cross road.
0.1	128.6	**LEFT IMMEDIATELY** onto road after crossing bridge along right side of river.
0.4	129.0	CROSS under road.
0.2	129.2	STRAIGHT to follow river at Applied at light.
0.7	129.9	**LEFT** to CROSS bridge at light.
0.1	130.0	**IMMEDIATELY LEFT** after crossing bridge to stay along river.
1.0	131.0	STRAIGHT at JOMO station. Notice: Peace Memorial Park on left. Should explore the island.
2.2	133.2	STRAIGHT to follow along river at Renown.
0.6	133.8	**RIGHT** at brown three stories building with blue billboard on on top and Yellow Hat City at light.
0.3	134.1	CAUTION RR track.
0.5	134.6	CROSS over bridge.
0.5	135.1	STRAIGHT at turnoff towards Hiroshima stadium and airport at light.
0.5	135.6	CROSS major bridge.
0.3	135.9	**IMMEDIATE RIGHT** at end of bridge to follow river at light. Use bike path.
0.8	136.7	**RIGHT** towards Sun Plaza.
0.9	137.6	STRAIGHT to avoid under road.
0.7	138.3	STRAIGHT to avoid faster road.
1.0	139.3	STRAIGHT to avoid faster road.
0.7	140.0	**RIGHT** at "Kloft"- big faces painting on wall at light.
0.6	140.6	**BEAR LEFT** to follow Hwy 2 (unmarked) at light at "T".
3.1	143.7	Straight follow Hwy 2 towards Miyajimaguchi at jct Hwy 41.
0.7	144.4	ENTER Hatsukaichi.
1.9	146.3	STRAIGHT to follow Hwy 2 at Jct Hwy 247 at light.
2.6	148.9	CAUTION Merging from left.
1.7	150.6	ENTER Ono Town.
0.7	151.3	**LEFT** to Miyajima port. CAUTION cross over RR track.
0.1	151.4	CAUTION CROSS RR track.
0.2	151.6	**LEFT** towards ticket booth through parking lots.
0.2	151.8	LOAD ferry. 10 min ride. EXIT ferry.
0.1	151.9	**LEFT** towards Tsutsumigaura park along ocean. Watch for deer.
0.2	152.1	**BEAR RIGHT** up to hill.
1.5	153.6	ENTER short lit tunnel with sidewalk on right.
0.9	154.5	**RIGHT** and **LEFT** to follow road.
0.5	155.0	ARRIVE at Miyajima camping site.

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